

After Deep Cleaning Treatment Instructions

- Warm salt water rinses for 24 hours after treatment (½ tsp salt + 1 Cup warm water)
- Use a soft bristled toothbrush; brush and floss as usual
- Plan on a soft diet and chew on the opposite side of treatment. Be careful when eating until the anesthesia has worn off as the possibility of biting yourself is likely.
- You may experience a temporary or increased sensitivity to cold.
- It is not uncommon to experience a slight bleeding over the next 24 hours. This is a normal part of the healing process.
- You may take Ibuprofen (Advil), Acetaminophen (Tylenol) or Sodium Naproxen (Aleve) according to the manufacturers instructions if needed.